

# Karridale Catch-Up



growing through learning  
active bodies, healthy minds

KARRIDALE PRIMARY SCHOOL NEWSLETTER

ISSUE 9, 17 AUGUST 2018

## Italian Day— una bella giornata

Wednesday 15th was a red, green and white Italian Day for Karridale Primary School and was a benissimo day! Thank you so much Mrs Fiorentino and her Year 6 helpers for organizing and running a fantastic Italian feast of events. Special mention to Tamara Manser and Donna McDonald for their efforts in the canteen assisting classes making a multitude of pizza and salad platters!

There was great support for the day with a sea of red, green and white outfits. The children enjoyed pizza making in the canteen, games, crafts and roman numerals, painting like Michelangelo and team bocce before everyone shared a platter of pizza and salad for lunch which was molto gustoso. After lunch, gladiator outfits were created for the younger students, followed by an Italy v Australia soccer



Our gladiator outfits, created with great student collaboration.

match.

### Year 3-6 children thrive

During this term, we have been investigating how the Year 3-6 children are experiencing the learning environment and relationships at our school. To do this we use three student surveys that focus on: 1. Their 'connectedness' to school—to their class, their learning and the staff. 2. Their experiences of conflict, how they resolve conflict, if it's a problem for

them and who they have as support. 3. Their mindset—are they open to learning and willing to grow, or is a fixed mindset holding them back.

We are able to see individual and class results and compare these to last year and trends. I am very happy to be able to let you know that: 1. All children feel comfortable and safe in their class and are connected to their learning.

Continued on page 2 ....

*"Happiness is when what you think, what you say, and what you do are in harmony."*

Mahatma Gandhi

## Did you know...

- Italy's population is more than 60 million people (2017), Australia's population is 25 million people (est 2018)
- Italy's landmass is 301,340km<sup>2</sup>, while Australia is 7,692,024km<sup>2</sup>
- This means each person can have 5000m<sup>2</sup> of land in Italy compared to 30,000m<sup>2</sup> of land per Australian.
- Modern Pizza was developed in Naples when tomato was added to focaccia in the late 18th century.
- Bocce is a ball sport belonging to the boules family, and similar to British bowls and French petanque.

## Payments Due!

Please finalise your payments as soon as possible.

Cost: \$4.55 Author Visit (P-6)  
\$6.50 Musica Viva (P-6)  
\$40.00 Interm Swimming (P-6)  
\$5.00 WCE Footy Clinic, (3-6)  
\$45.00 Voluntary Contributions (K-6)

You can pay via cheque, cash or direct deposit.

Direct deposit (bank-to-bank transfer) is our preferred option. Please include your child's name and a brief description.

BSB: 016 520 Account: 4992 64442

**\*\*Please try to bring the correct change if paying cash.**

## Diary Dates - 2018

<b>MON 20 AUG</b>	<ul style="list-style-type: none"> <li>• MSP Photo Day</li> <li>• NAPLAN online test starts</li> </ul>
<b>WED 22 AUG</b>	<ul style="list-style-type: none"> <li>• CinefestOz—Peter Rabbit \$5</li> </ul>
<b>FRI 24 AUG</b>	<ul style="list-style-type: none"> <li>• Mindfulness and Yoga Lesson 5</li> <li>• Canteen</li> </ul>
<b>WED 29 AUG</b>	<ul style="list-style-type: none"> <li>• Author/Illustrator at Augusta PS \$5</li> </ul>
<b>THUR 30 AUG</b>	<ul style="list-style-type: none"> <li>• Rm 3 Assembly &amp; Excursion—Water Sampling</li> </ul>
<b>FRI 31 AUG</b>	<ul style="list-style-type: none"> <li>• Father's Day Breakfast</li> <li>• Mindfulness &amp; Yoga Lesson 6</li> </ul>
<b>MON 3 SEP</b>	<ul style="list-style-type: none"> <li>• SuperHero Day—Gold Coin Donation</li> </ul>

**Vision Statement:** At Karridale Primary School, in partnership with the whole school community, we create a safe and friendly learning environment where children thrive and succeed.

## Year 3-6 Children thrive—continued from Page 1

2. 96% of students are not experiencing any problems with conflict. (our best result in 18 years).  
3. All children are sharing a Growth Mindset, or a Growth Mindset with some elements of a Fixed Mindset.  
All children are in a good position to

come to school and get on with growing and learning. Whilst things may not always go smoothly, everyone has many people to help them when 'speed bumps' on the Highway of Life come along. (see the attachment to this newsletter)

## MSP School Photo Day—Monday 20 August

Hair—check, clean face—check, school uniform—check. Ready for school photo day! Everyone should have received their forms, and for those able to, you will have placed your photo orders

online. Those families that are not able to do so, we do have manual forms in the Front Office. Family photos can be ordered as well, and will be taken BEFORE SCHOOL (8am to 9am).

## NAPLAN goes online at Karridale PS 2018 test run

You may have heard that NAPLAN Online was introduced in 2018, with 274 schools Western Australian schools participating. Our school will be transitioning to NAPLAN Online in 2019. NAPLAN online will provide better assessment, more precise results and faster turnaround of information. Your child's results will be returned to the school

faster, within a few weeks rather than a few months. This trial, called the School Readiness Test (SRT), will enable us to assess our technical readiness to implement the new online assessments. Children in Year 5 will be completing the writing trial on Monday 20 August and Years 3 & 5 will do a mixed assessment on Tuesday 21 August.

## Shire Recycling Update -what can & can't be binned

The Shire has updated its Waste and Recycling Guidelines, which are not reflected in the recently issued Rates Notice information. State-wide changes to the waste market have meant a revised list of items that can be placed in all Shire recycling bins. The changes are the result of trying to reduce contamination in the recycling bins, and get back to

items that have a market for reproduction. All items that go in your recycling bin should be clean, dry and empty with lids removed. There is a great video (18mins) that can be found at [www.abc.net.au/radio/perth/programs/focus/what-can-go-in-the-recycling-bin/10051816](http://www.abc.net.au/radio/perth/programs/focus/what-can-go-in-the-recycling-bin/10051816).

## Outdoor learning helps you to grow smarter!

Research shows outdoor learning helps to improve problem solving abilities, emotional intelligence and important education outcomes, according to a Planet Ark report. The report, 'Learning from trees: life lessons for future generations', explores the skills and attributes children need to deal with future challenges. Students in Finland, who perform highest on international benchmarks, spend at least 15

minutes in every hour of the school day outdoors. At Karridale PS, in addition to our scheduled break times and two hours of timetable physical activity, we use outdoors for learning wherever possible. Most recently all classes completed their "Birds of a Feather" Land Art project and classes have been planting and watching their seeds and seedlings grow.



<https://bestprograms4kids.com/>



**Room 3 enjoying creative building with their purchase of Incastro blocks from their Fun Run money**



**Above:** Learn what can and can't go into the Shire's Yellow Lid Recycle bins.



**Above** Students help Elaine Cloherty set up the border of the 'nest'.



# KARRIDALE SCHOOL P&C

## 135th Anniversary Tea Towels

To celebrate our school's 135th anniversary this year, we are offering families the opportunity to purchase an anniversary tea towel and/or apron featuring your child's self portrait and printed by local business Expressions! Not only will you have a personal keepsake, you will also be raising funds for our school.

The children will be creating the artwork at school for their self portrait and order forms have been sent home. A sample of the tea towel style are on display in the Admin Office. Please look out for your parent order/form and thank you for supporting this activity.

## Canteen Challenge on Fri 7 Sept

Thank you to Donna McDonald and Sandra Wood who will be manning the canteen while Emily and Marisa

## P&C Bank Details—Pay Online!

**Name:** Karridale Primary School P&C  
**BSB** 633 000 **Acct No.** 154 038 079  
*Include your child's name & a description!*

are away. We are looking forward to another fantastic Friday Feast!

## Father's and Grandfather's Day Breakfast

Friday 31 August is the annual Father's Day Breakfast. If you can help out on the day, please let the office staff know. There will also be a Fathers' Day Breakfast Hamper Raffle. All proceeds are to go to the camp. Make sure you bring some spare change to buy tickets at the Fathers' Day Breakfast.

## Next Meeting of the P&C

3.15pm, Wednesday 29 August.

Everyone is welcome and encouraged to attend the P&C meetings. The meetings are short and informative and a great opportunity for you to share your ideas. Please join us!



**Above:** Examples of the Anniversary apron and tea towel. View in the Front Office!

**Below:** Evidence of how well our 2013 tea towels are standing up to Canteen use.



## Why is skin cancer so common in Australia?

Australia has the second highest rates of skin cancer in the world, having recently been overtaken by New Zealand. Skin cancer is Australia's most common cancer, with data showing that skin cancers account for around 80% of all newly diagnosed cancers.

The main cause of skin cancer is sunburn and tanning, or exposure to UV radiation, made worse in Australia by our location and skin types. The solutions? Check the UV

Index [www.myuv.com.au](http://www.myuv.com.au), or by using the SunSmart app. When it's 3 or above, use sun protection.

The sun's UV radiation is also our best source of vitamin D, however, wearing sensible sun protection has been shown to have little effect on vitamin D levels, whereas the risk of skin cancer in Australia is proven. Schools are advised to enforce the wearing of sun protective hats (not caps) during outdoor activities when the UV index is 3 or above. (Cancer Council WA)



## Italian Day at Karridale Primary School



**L-R:** Maali, Stevie, Sam, Elizabeth and Annysha creating pizzas in the canteen.



**L-R:** Neve, Zia and Rayne painting like Michelangelo.



**L-R:** Cyrus, Tara and Maggie-Bee practicing their Roman Numeral activities

*"Don't cry because it's over, smile because it happened." - Dr Seuss*

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*Karridale Catch-Up*  
**NEXT ISSUE:** Fri 17 August 2018  
**DEADLINE:** Fri 10 August 2018  
Please email your information for inclusion  
to: [Erin.Kingston@education.wa.edu.au](mailto:Erin.Kingston@education.wa.edu.au)

## Our School Virtues

### Excellence

Excellence is doing your best. It is giving your best to any task you do or any relationships you have. When you practise excellence you are not trying to be better than anyone else.

You are trying to be the best that you can be.

### You can show excellence by:

- Giving your best whatever you do
- Giving your best to relationships
- Setting noble and realistic goals for yourself
- Remembering to plan and practise
- Not trying to do everything
- Developing your own special talents

### Have you shown excellence today?

## Thumbs Up 100 Night Readers

Congratulations to our 100 Night Readers! Our



## Community Notices & Events

### *FAUNA Possum Discovery Day*

**Sat 25 Aug 10am—3pm Bsn Youth & Community Building**

Session topics include: cultural significance, veterinarians and their role, possum friendly gardens, responsible pet ownership, peopies for possums, possum bridges, Western Ringtail Possum citizen science project, the regulations and the recovery program.

**Bookings essential FREE EVENT**

**W:** [eventbrite.com.au/e/western-ringtail-possum-open-day-tickets-48638461949](http://eventbrite.com.au/e/western-ringtail-possum-open-day-tickets-48638461949)

### *Balingup Medieval Carnivale*

**Sat 25 Aug 10am-8pm, Sun 26 Aug 10am-3pm**

Grand parade, live music and dancers, Combat Arena, Burning of the Dragon, market stalls, handcrafted goods, gourmet foods and tastings, camel rides and Colonial Clydesdales wagon rides. \$20 day entry, \$30 weekend pass, U16 free.

**W:** [balingupmedievalcarnivale.com.au](http://balingupmedievalcarnivale.com.au)

### *Book Chat for 12-17 year olds*

**4.30—5.30pm on the last Monday of the month through 2018**

**at The Margaret River Bookshop—FREE event**

Chat about what you have read and give reviews and recommendations for other members. Prizes for the best review, and free snacks provided. This is a partnership between The Margaret River Bookshop and Shire of AMR Library Service.

**P:** 9780 5600 [amrlibraries.com](http://amrlibraries.com)

### *VacSwim October Program*

**Margaret River Recreation Centre 25 Sep to 5 Oct**

Enrolments close on 19 August for the October VacSwim program. Lessons are 40 minutes and stages 1-12 are available. With beaches so much a part of the South West lifestyle, ensuring your children can swim competently and safely is a must for all families.

**W:** [education.wa.edu.au/swimming-lessons](http://education.wa.edu.au/swimming-lessons)

### *CinefestOz Free Community Screenings*

**Thurs 23rd to Sun 26th August 10am to 4pm at Augusta CRC & Margaret River Library**

Enjoy a celebration of 'Iconic Australia' movies over four days. Movies being shown include Babe, The Man from Snowy River, Paper Trails and many more. See the website or contact the hosts for the Free Community Screenings Schedule.

**W:** [cinefestoz.com/community-screenings/](http://cinefestoz.com/community-screenings/)

**P:** Augusta CRC 9758 0002 MR Library 9780 5600

### **Guitar Students**

Mr Bruce Godden is on Long Service Leave for Semester 2 2018. Gemma Berry will be taking his classes while Mr Godden is away. Gemma is a former student of Cowaramup PS, MRSHS and WAAPA. She is an instrumental music specialist in guitar and the students will be in capable hands as she completes their 2018 courses.