

KARRIDALE PRIMARY SCHOOL NEWSLETTER

KARRIDALE CATCH-UP



Above: Room 1 students ready to entertain.

“Dem Bones are Da Best”

We all absolutely loved the Room 1 assembly today. We enjoyed hearing the singing, watching the dancing and noticing how much each child's confidence has grown to be on stage and to speak at assembly. Thanks for an entertaining morning Ms McGill and the Room 1 children.

It was also great to see all the parents, grandparents and friends able to attend the assembly and visit the classroom to see their child's work after the assembly.

UpDATE your Term Planner

FRI 4 SEP

- Father's Day Breakfast from 8.40am

MON 7 SEP

- Board Meeting 3.15pm

WED 9 SEP

- Canteen

THURS 10 SEP

- RUOK Day

FRI 11 SEP

- Room 3 Class Assembly

MON 14 SEP

- School Photos

THURS/FRI 17/18 SEP

- Year 5/6 Camp 2020

Bushfire Readiness

We have reviewed our Planning in preparation for the Bushfire Season. Being a school with bush close by, we have also liaised with Adam Jasper, AMR Shire Emergency Service Co-ordinator and Peter Warrilow, Fire Captain of the Karridale Volunteer Bush Fire Brigade. We thank them for their recent assistance in assessing risk. Our preparations continue.

Did you know we practice evacuation drills at least three times a year, and our next one is scheduled for 15 September? We also ensure important messages are included in the curriculum and we make use of the quality materials published by the Department of Fire and Emergency Services. The School Bushfire Plan will be published to Connect in Week 7 (next week).

Microgreen Workshop

Monday 21 September 2020 *FREE*

Steve Wood, a garden radio talk back and television program presenter, has accepted our invitation to run a workshop for the K-6 children on Monday 21 September from 1.30pm. Steve will share his knowledge of gardening, sustainability and food. His passion for educating home gardeners on the value of growing organic fruit and vegies, and in particular microgreens, will be extended to our children. Parents are invited to attend. Please RSVP by phoning or emailing as there are limited places available.



*growing through learning
active bodies, healthy minds*

Magpie Season

Mel Rowley is a Wildlife Officer with the Parks and Wildlife Service of the Department of Biodiversity, Conservation and Attractions. She would love to hear from you if you have any questions or problems with swooping magpies over the spring months.

Magpies swoop only during the nesting and rearing period (from August to October) and each bird generally only swoops for a few weeks during this time.

The following steps can be followed to avoid or reduce the impact of a swooping magpie:

- Never deliberately provoke or harass a magpie. Throwing sticks or stones usually makes them more defensive. Magpies have good memories and they may continuously swoop a potential aggressor.
- Avoid areas where magpies are known to swoop. Remember, magpie hostility lasts only a few weeks and they usually only defend a small area of about 100m radius around their nest.
- Locate the bird and keep watching it when entering its territory. If it swoops, don't crouch in fear or stop: move on quickly but don't run.
- If you are riding a bike make sure you wear a helmet, and dismount and walk through nesting magpie territory.
- Wear a hat and sunglasses or carry an umbrella for protection. Magpies initially attack from behind but can swoop back around.
- Adopt a confident stance as this can have a strong deterrent effect.

Like dogs, magpies seem to sense fear and may capitalise on this by pressing on with harassing any perceived threat. Magpies are more likely to swoop cyclist and postal workers.

Remember that the magpies are just trying to protect their young. Learning to live alongside wildlife is an important step towards building a better living environment, and observing and listening to magpies can be an enjoyable experience.

If you find a sick or injured magpie, contact the Wildcare Helpline on 9474 9055 for information on registered wildlife rehabilitators and centres who can help.



Congratulations to our first 200 night readers!





A Conversation Could Change a Life

Building on from the wonderful work of the Scott River Ball Committee last year who created opportunities in our local area called "Open the Gate" is this year's RUOK theme. Got a feeling that someone you know or care about isn't behaving normally? Perhaps someone seems out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it's time to ask R U OK?

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.



Thursday September 10 is RUOK? Day, our national day of action.

RUOK.org.au

Lifeline (24/7) 13 11 14

lifeline.org.au

Beyond Blue (24/7) 1300 224 636

Beyondblue.org.au

Kids Helpline (24/7) 1800 551 800

Kidshelpline.com.au

Please see the back pages for some really helpful images.



P&C Bank Details—Pay Online!

NAME: Karridale Primary School P&C

BSB 633 000 **Acct No.** 154 038 079

Include your child's name & a description!

Fathers' Day Breakfast

Calling on all Dads, Grandads, Uncles and Carers to join us for our "free" annual Fathers' Day Breakfast on Friday 4 September in the Under Cover Area from 8.40am. The P&C are seeking volunteers to help in the kitchen on the day. Please RSVP to the office for catering purposes. Looking forward to seeing you on Friday!

Next P&C Meeting

Join us at the next meeting on Wednesday 14 October (Week 1, Term 4) at 3.15pm.

"Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has."

MARGARET MEAD

Friendly Reminders

There are a few forms still due to be returned to the office. If you have had these forms sent home and haven't returned them yet, please do.



- Student Update Forms
- Third Party Services Permission
- Student Health Care Summary

Reflections by Danielle

**Danielle Shenstone – Karridale Primary School Student 29/1/2007 – 18/12/2014
Work Placement in Room 1 Term 3 2020**

I remember when arriving for my first day at school being so nervous. When I got here it was so hectic and busy, and I was so excited to meet all the new kids. Ms McGill remembers all the parents who were dropping us off having conversations about their shotguns, comparing guns as they hung around. All the kids were busy doing puzzles while parents chatted. This probably wouldn't happen now with attitudes towards guns.

In the classroom, so many things are the same. The 1-100 board is still there (I remember spinning around the numbers), the white board and sparkly glitter pointer sticks. The toilets are the same, the activity trolley is still there, and even the policeman puzzle. The red table for the playdough activities. Even Ms McGill hasn't changed, and she is still one of my favourite teachers. What I noticed most is that when I was young, everything was huge! Now it's all so tiny! I can't sit on the tiny chairs with my legs under the tiny desks. I have to sit sideways. When I was in the junior area, morning tea was made for us every day. It was a share



Above: Danielle with Ms McGill and Jill Grist from the Augusta Ambulance service back in 2007.

plate of fruits and vegetables and healthy foods.

Discipline is different. I remember getting in trouble for going up to the top play area. My punishment was to be right next to Ms McGill all day! I did learn that what Ms McGill says goes. There was also time out in the corner, to think about what you did wrong. Now there is no time out. I remember sitting on the bench at the office when I was in trouble. We also had pink slips to take up to the office.

When I was at school, one day in the playground, one of the boys, Kye, was standing in the middle. He announced loudly to everyone "All the girls are my girlfriends". All the girls looked at him and then went straight back to playing with our dolls.

During my time as a student, I remember the canteen being built; the wall at the tennis court being painted; the learning square with the aboriginal season symbols being built; and the bats that used to live behind the Karridale Primary School sign on the wall. I remember making a yellow submarine out of cardboard boxes and growing sea monkeys in the class.

Our family became the new owners of the old play fort from the junior primary area.

It still stands in my backyard at home. We also have one of the big triangle climbing frames at home too, just like the small ones that are still here at school.

While I have been doing my work placement, the class has been learning a song, "Walking to the Fair". My mum taught us that song when we were in Kindy. Another song that is still being sung, that I remember from my days as a student is "Flippy floppy scarecrow with the flippy floppy hat".

Now, I can see how young kids are so much energy. Everything is next, next, next. In the classroom, there seems to be more Maths, English, words and sounding out than I remember. I remember more play activities, especially running around outside with dolls. I am Year 12 now, and graduating in 4 weeks. My courses are Maths, English, Cert II Building and Construction, Career and Enterprise and Photography and Cooking. Recently, I came second in a World Skills competition at Bunbury TAFE in painting and decorating. Next year I hope to go back to TAFE to study Cert III in Child Education, then my Diploma and also Cert IV in Community Services. My plan is to work in a youth centre or as a primary school teacher.

Below: Danielle in Bunbury, awarded second place in World Skills Painting and Decorating.



Fotoworks

Next week your personalised School Photo Order Envelopes will be sent home. Please fill these out and keep them in a safe place. They need to be brought to school on school photo day Monday 14 September, and handed to Fotoworks

If you would like a Sibling Photo, order forms are available for collection from the Office.

If you do misplace your order form, Blank Order forms are also available at the Office.



Augusta Spring Show

The 32nd Annual Augusta & Districts Spring Show will be held over Saturday 17 October from 1-5pm, and Sunday 18 October 9am-3.30pm. Entry forms will be available closer to the date, with entries closing 5pm Wednesday October 14. There are some fantastic categories especially for children.

Every year our staff put up a wonderful display of the students work for the community to enjoy, and to see what we have been learning about recently.

***FREE* Protective Behaviours Workshop for Parents and Carers**

At **Karridale PS**, we believe that **all children have the right to feel safe at all times** but we also know as parents, carers and teachers we cannot be with each child every minute of the day.

The physical and emotional impact of bullying, cyber bullying, child abuse and domestic violence is now much better understood. Research consistently shows that teaching children preventive ways of staying safe, such as those described in the protective behaviours program, is an effective way of strengthening children's ability to recognise danger, seek help and minimise risk.

Karridale PS is committed to teaching every child the protective behaviours program in partnership with you. Parents and carers play a vital role in helping children develop personal safety and resilience skills and it's very important children hear the same messages at school and home. Working together, we can help our children to recognise unsafe situations and be proactive and confident in their response.

By attending this workshop, you will:

- learn the key principles of the protective behaviours program
- understand the positive impact of the protective behaviours program for children
- discuss how the protective behaviours program is being taught at school and
- practise activities and ways to speak with your child at home about personal safety that aligns with what they have learnt at school.

DATE: Monday 14 September 2020

TIME: 1.00pm-2.30pm

VENUE: Art Room Karridale Primary School

PRESENTER: Sally Godwin

TO REGISTER: Please call 97585517 or email Karridale.ps@education.wa.edu.au
Please register by Thursday 10 September as Sally will be travelling to our school to present this workshop for you. The workshop will go ahead with a small number of registrations, so this is a unique opportunity for those who are able to attend.

Please note: Because of the content of this workshop it is not suitable for children to attend.

Thank you.

Karridale Primary School

12612 BUSSELL HIGHWAY | KARRIDALE WA 6288

Ph: 9758 5517 or 9758 5586

PRINCIPAL: FIONA CORMACK **E:** Fiona.Cormack@education.wa.edu.au

MANAGER: ROBYN DENNIS **E:** Robyn.Dennis@education.wa.edu.au

Karridale Catch-Up Newsletter

NEXT ISSUE OUT: Friday 28 August 2020 **DEADLINE:** Friday 21 August 2020

EMAIL: Karridale.PS@education.wa.edu.au

Our Vision

We create a safe and friendly learning environment where children thrive and succeed.

www.karridaleps.wa.edu.au

COMMUNITY NOTICES + EVENTS



Augusta & Districts
32nd Annual

Spring Show

Augusta Centennial Hall

Saturday 17th October 2020: 1pm – 5pm
Sunday 18th October 2020: 9am – 3.30pm

Adults Admission: \$5.00 | Children: Free
Includes morning or afternoon tea

Entries close
5pm Wednesday 14th October 2020

Please read instructions included in each section to make sure your exhibit complies with Judging Rules

Show Co-ordinator
Lorraine Monahan 0407 426 900



Nature Conservation Margaret River Region with the Department of Biodiversity, Conservation and Attractions are spearheading the biggest arum lily control program this region has ever seen. In 2019, an impressive 624 landowners took part, actively controlling arum lilies across 10,800 hectares. Please join us in this war on the most widespread, damaging weed in our beautiful region.

Nature Conservation Margaret River Region
E: info@natureconservation.org.au
P: 08 9757 2202

COMMUNITY NOTICES + EVENTS



Learn a new skill – touch typing with KAZ!

by [amrlibraries](#)

KAZ  **online**
Learn to Touch Type *in just* **90 minutes**

Touch typing is the ability to type quickly and accurately without having to look down at the keyboard - a valuable skill for anybody who uses a keyboard to study, work or play. Your library membership gives you free access to KAZ Online, a learning tool that helps you to train your brain so that touch typing becomes automatic. No more having to 'hunt and peck' for each letter!

KAZ uses a unique 'accelerated learning' teaching method, engaging sight, sound and touch simultaneously, to enhance memory retention and recall.

The course is presented in a structured but light-hearted manner in order to make learning fun and enjoyable.

The program offers both spoken and written instruction. Developed with guidance from the British Dyslexia Research Trust, KAZ is suitable for everyone, but also offers dyslexia-friendly functionalities, minimising visual stress by allowing each individual to set preferences for visibility comfort.

Users can choose between the Junior and Adult versions. Links to KAZ can be found on the library [Lifelong Learning page](#), and also on the [E-resources for parents and children page](#).

Media Release



Rural Road Safety Month

August is Rural Road Safety Month and the Australian Road Safety Foundation is calling on rural road users to review their driving habits and take the road safety pledge by promising to:

- Always be fit to drive
- Scan the road ahead
- Know my limits and plan my trip
- Stay sharp and take regular breaks
- Not drive through flooded waters
- Be alert for wildlife and livestock
- Drive to suit the conditions

Rural road crashes account for more than 65% of the Australian road toll and the shire is not immune to these statistics with fatal crashes on Warner Glen Road and Kevill Road in recent times.

Shire Manager of Asset Services, David Nicholson confirmed that safety improvements are incorporated into the design and construction of all rural road upgrades.

“We are progressively upgrading rural roads as funding permits, with enhanced safety considerations including improved roadside drainage, improvements to road geometry at bends and crests that increase visibility, warning signage and guide posts.”

Several local roads are earmarked for upgrades on 2020-21 including:

- Kevill Road
- Leeuwin Road
- Rosa Glen Road
- Wilson Road
- Warner Glen Road and
- Wallcliffe Road.

Road design for future upgrades is also programmed for sections of Cowaramup Bay Road and Jindong Treeton Road.

To find out more about the Australian Road Safety foundation and to make the pledge to choose road safety visit <https://arsf.com.au/>



**If you're worried about someone
start by asking "Are you OK?"**

No, I'm not OK.

Dig a bit deeper:

Yes, I'm fine.

But your gut says they're not:

"What's been happening?"

"It's just that you don't seem to
be your usual self lately."

"Have you been feeling
this way for a while?"

"I'm always here if
you want to chat."

"I'm ready to listen
if you want to talk."

"Is there someone else
you'd rather talk to?"

Listen with an open mind

Encourage action and offer support:

"How can I help?"

"What would help take the pressure off?"

"What do you enjoy doing? Making time for that can really help."

"Have you thought about seeing your doctor?"

Make time to check in:

"Let's chat again next week."

RUOK? DAY™
10 September 2020

Learn what to say at ruok.org.au
A conversation could change a life



Ask RU OK?

How are you travelling?

You don't seem yourself lately – want to talk about it?



Listen with an open mind

I'm here to listen if you want to talk more.

Have you been feeling this way for a while?



Encourage action

Have you spoken to your doctor or a health professional about this?

What do you think is a first step that would help you through this?



Check in

Just wanted to check in and see how you're doing?

Have things improved or changed since we last spoke?

**Learn what to say at ruok.org.au
A conversation could change a life**