

KARRIDALE PRIMARY SCHOOL NEWSLETTER

KARRIDALE CATCH-UP

Remaining Vigilant

Thank you to everyone who continues to maintain vigilance with promoting and reinforcing physical distancing and health and hygiene messages and practices.

Principals have been asked to remind you of the current requirements to maintain good hygiene practices and physical distancing of all adults. We have been asked to continue to:

- maintain all daily cleaning regimes,
- maintain access to hand sanitiser,
- actively promote hand hygiene, physical distancing and coughing/sneezing etiquette
- reinforce these messages with signage.

Basically, schools are important in keeping Western Australia as safe as we can during Phase 4 of the WA Roadmap to Recovery.

The Australian Health Protection Principal Committee (AHPPC) continues to note that there is very limited evidence of transmission between children in the school environment,

UpDATE your Term Planner

WED 12 AUG

- P&C meeting 3.15pm
- Canteen
- Librarian Visit K & 1

WED 26 AUG

- Canteen
- CinefestOZ 1-4

FRI 28 AUG

- Room 1 Assembly

FRI 4 SEP

- Father's Day Breakfast (TBC)

WED 9 SEP

- Canteen



Above: Staff setting a physical distancing example.

resulting in a relaxing of the physical distancing requirements between students.

Adults in schools should continue to keep up physical distancing of 1.5 metres where possible. All members of the school community must continue to practice good personal hygiene to better protect themselves and the general health of our society.

Source: Department of education Covid-19 Update 6 August 2020

Gathering limits are now only determined by WA's reduced two square metres per person rule. This measurement is specifically for determining the capacity of venues where adults are present.



*growing through learning
active bodies, healthy minds*

CinefestOZ

The CinefestOZ Film Festival 2020 will showcase films over six days from 25-30 August 2020. Part of the festival is the Cinesnaps Schools Program. Our students Yr 2-4 will be viewing the movie 'Alice Miranda Friends Forever'. Alice-Miranda is an extraordinary girl in her first year at a country boarding academy, a place full of fun, mystery and intrigue.

Excursion notes will be out soon for our excursion to the Augusta CRC on Wednesday August 26.

This year the CinefestOZ Free Community Screenings have the theme Grounded. View the selection, of movies, locations and screening times at www.cinefestoz.com.



Congratulations to our newest 100 night readers!

Tom

Reggie

Stevie

Jake

Maggie Bee



**Cancer
Council
WA**

SunSmart in Winter

Don't let the cold weather fool you. Did you know that heat and UV are not closely related? This means your risk of sunburn has little to do with the temperature and much more to do with the UV Index.

Overexposure to ultraviolet (UV) radiation leads to skin cancer and also causes wrinkles, skin blotches and eye damage.

Not sure when you're most at risk? Download the [free SunSmart app](#) or go to www.MyUV.com.au and when the UV is 3 or more, slip, slop, slap, seek and slide...

1. Slip on protective clothing
2. Slop on SPF30
3. Slap on a broad-brimmed hat
4. Seek shade where you can
5. Slide on sunglasses to protect your eyes

"What sunshine is to flowers,
smiles are to humanity. These
are but trifles, to be sure; but
scattered along life's pathway,
the good they do is
inconceivable."

Joseph Addison



VacSwim Holiday Lessons

Enrolments are now open for VacSwim swimming lessons during the October and December/January school holidays.

October is a great time to get your children ready for summer and January offers fun lessons at beach or pool locations during the long break. Margaret River is offering the 9 day program.

Your children can start as young as five years old.

Enrol your children in VacSwim now at education.wa.edu.au/vacswim

Reading Rabbits

Rachael Drummond, Librarian from the Shire of Augusta-Margaret River, will be visiting Room 1 on Wednesday 12 August to present Kindy students with a 'Better Beginnings' presentation and Year 1 students with 'Reading Rabbits'. The students will have story time from 9am and learn about the Shire's Libraries. They will also receive an activity package and storybook to encourage reading for pleasure.

Reading Rabbits is an initiative of the Shire Libraries, Rotary Club of Margaret River and the Margaret River Bookshop to encourage children to get "hooked on reading".

KARRIDALE SCHOOL P&C

P&C Bank Details—Pay Online!

NAME: Karridale Primary School P&C

BSB 633 000 **Acct No.** 154 038 079

Include your child's name & a description!

P&C Meeting

Join in the fun at the next P&C Meeting, to be held next **Wednesday, August 12** at 3.15pm under the trees weather permitting. We would love to see everyone there.

Canteen

Canteen is back! Canteen will be held fortnightly from **Wednesday August 12** this Term, so please be sure to get your orders in for the next canteen by **Tuesday August 11**. Menus will be sent home on Monday.

Bree would love some volunteers to help out in the Canteen, especially for half an hour in the morning to write up the orders. Please call Bree (0474 194 418) or just swing by on Canteen day and lend a hand.



Karridale Primary School

12612 BUSSELL HIGHWAY | KARRIDALE WA 6288

Ph: 9758 5517 or 9758 5586

PRINCIPAL: FIONA CORMACK **E:** Fiona.Cormack@education.wa.edu.au

MANAGER: ROBYN DENNIS **E:** Robyn.Dennis@education.wa.edu.au

Karridale Catch-Up Newsletter

NEXT ISSUE OUT: Friday 28 August 2020 **DEADLINE:** Friday 21 August 2020

EMAIL: Karridale.PS@education.wa.edu.au

Our Vision

We create a safe and friendly learning environment where children thrive and succeed.

www.karridaleps.wa.edu.au

COMMUNITY NOTICES + EVENTS

NEW 4-hour Mental Health First Aid Conversations About Suicide course:

9am - 1pm on TUESDAY 18TH AUGUST 2020

Augusta Community Resource Centre

MORE INFORMATION AND TICKETS

<https://events.humanitix.com/mental-health-first-aid-conversations-about-suicide>

Tickets: \$65-\$85

Learn the skills and acquire the knowledge required to safely have a conversation with a suicidal person.

Learn how to identify warning signs for suicide, and how to confidently support a person in crisis.

Ticket sales are supporting Indigenous Scholarships, and monies going back into mental health community projects.

This course is suitable for anyone interested. Please share the link and my details with others - as those who know me already are aware, I am very passionate about starting these conversations and working together as a community to lower the stigma surrounding mental illness, and most definitely the suicide rates we are currently seeing.

Please contact me direct with any questions.

Thank you.

Libby K

Accredited Youth Mental Health First Aid Instructor

E:rkustka@gmail.com

LAMP OUTREACH

AUGUSTA CIVIC PARK (NEAR
LIBRARY)

MONDAYS 3.30 - 4.30PM



COWARAMUP HALL OR SKATE
PARK

WEDNESDAYS 3.30PM-5.30PM



FREE SNACKS AND FUN
ACTIVITIES

YOUTH MENTAL HEALTH
AND FAMILY SUPPORT

...JOIN IN THE FUN...





SOUTHWEST TALENT QUEST

TO REGISTER YOUR INTEREST, PLEASE SEND YOUR
NAME, AGE, PERFORMANCE DETAILS AND PREFERRED
HEAT DATE TO:

NATASHA@NATASHABIRCHEVENTS.COM.AU

HEAT 1:	SATURDAY AUGUST 15TH	3.00-5.30PM
HEAT 2:	SATURDAY AUGUST 22ND	3.00-5.30PM
HEAT 3:	SATURDAY AUGUST 29TH	3.00-5.30PM
HEAT 4:	SATURDAY SEPTEMBER 5TH	3.00-5.30PM
QUARTER FINAL:	SATURDAY SEPTEMBER 12TH	3.00-5.30PM
SEMI FINAL:	SATURDAY SEPTEMBER 19TH	3.00-5.30PM
GRAND FINAL:	SATURDAY SEPTEMBER 26TH	3.00-5.30PM

A big shout out to Margaret River's budding musicians, poets, stand-up comedians, bards, thespians, magicians and curious young stage hounds. The Sea Garden Café, Prevelly is setting up the hothouse to let our young flowers bloom with an Open Mic Night competition run over 7 weeks just for our grommies.

If you're aged between 6 and 17, are in a band or running solo and have an act you'd like to play, sing, dance, recite, mime, impersonate, imitate or levitate then we want to see your talent.

Saturday afternoons between 3pm and 5.30pm at Sea Garden will provide the stage, the sound, the spectators and that sublime Indian Ocean sunset for you and your mates to brave the stage fright! Scarier than 10ft Boatramps? We dare you!!!

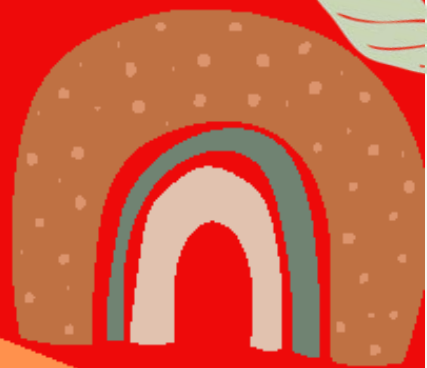
The night is open to all youngsters and will be run as a competition with two divisions; Saplings (13 – 17 years) and Sprouts (6 – 12 years). Each act is allowed a maximum of 10 minutes on stage.

Heats will be run and people will be given a voting slip and permitted one vote each. Votes will be tallied and winners of heats will go through to quarter (12 September), semi (19 September) and finals (26 September).

The final winners in each division take \$400. 2nd \$200 voucher and 3rd \$100 voucher.

Please send expressions of interest, including preferred date (Saturday 15th, 22nd, 29th August or 5th September), name, age, and performance details to:

natasha@natashabirchevents.com.au or phone 0422 760 725



Indigenous Literacy Week 'Koolangakas Takeover'

**Its "Koolangakas Takeover" at Noongar Radio from
the 31st of August - 4th of September**

Hosted by the Indigenous Literacy Foundation September 2nd is Indigenous Literacy Day.

Established to raise awareness and support for literacy within the indigenous communities, particularly in isolated and remote communities.

Noongar Radio is proud to support this initiative by naming 31st August to 4th September Koolinkas Takeover Week.

Throughout Koolinkas Takeover Week many varied indigenous authors will be interviewed discussing their books and what inspired them to write. Aboriginal children's stories will be read (in both Noongar and English) and lots of fun activities you can engage in.

Noongar Radio would love to have as many children as possible have fun by becoming involved in one of our projects. The projects are aimed at primary school children. Each school entry will have the opportunity to visit the radio station and become a radio star.!

**ENTER THE COUNTRY/REGION PROJECT OR THE
STORY/POEM WRITING PROJECT NOW!!!**

DETAILS ON THE NEXT PAGES



Story or Poem Writing Project

5 - 10 YEAR OLDS



Become a radio star

1. Explore story or poem ideas
2. Write a poem or a story
3. Submit your creative piece to Noongar Radio

info@noongarradio.com.au

Entries Close Friday 28th Of August



Hear your
story live
on air !



Aboriginal Country Project

10 - 12 YEAR OLDS



1. Select an Aboriginal Country to research
 2. Put together a presentation on all you have learned
 3. Submit your project to Noongar Radio
- info@noongarradio.com.au

Research Ideas: History, Language, Tradition, Kinship, Interesting Facts, Famous People, Dreamtime Stories, Art techniques, Music, interview a local elder.

Entries Close Friday 28th Of August



BECOME A
RADIO STAR
PRESENT YOUR
PROJECT LIVE
ON AIR



**MENTAL
HEALTH
FIRST AID**
Australia

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