Issue 6

KARRIDALE PRIMARY SCHOOL NEWSLETTER

PAPER TOWER TASK

The challenge is on in Better Buddies to build the tallest freestanding tower in 30 minutes using only six sheets of newspaper and a metre of tape.

This STEM (Science, Technology, Engineering and Mathematics) activity had the children working with their Buddies as a team to plan, design and create a stable paper tower.

Activities like these are not only fun but also encourage the children to develop key skills including problem solving, creativity, critical analysis, independent thinking, initiative and communication.

We will have to wait and see whose design is the tallest tower in our next issue of Karridale Catch-up!

2021 ENROLMENTS

Now is the time to apply to enrol your child at our school for 2021 for:

- Kindy if your child is four years old by 30 June 2021.
- Pre-primary if your child is five years old by 20 June 2021.

Contact our school by 24 July 2020 to apply.

At the time of enrolment you child will need to have an 'up to date' AIR immunisation history statement.

Every day of a child's education matters.



L-R: Emily, Zia and Harlow take on the paper tower challenge in Better Buddies.

RESILIENCE TIPS

For emotional resilience

Parent self-care. A parent often puts a child's needs ahead of their own. So, put time aside for yourself. A pause by the river on the way home, a walk, time out by yourself, a quiet cuppa. Every day—take a moment. You deserve it!

Managing moods. Feelings can hang around and grow into moods. Time of day, certain people, hungry, tired—there are lots of mood drivers—what are

yours? What your child's? How c a n y o u a v o i d o r manage those mood triggers?



Source: bestprograms4kids.com

Issue 6

WASTE WISE 2020

Our school has once again successfully met the requirements to maintain our accreditation as a Waste Wise School for 2020.



The Waste Wise Schools

program provides support to schools across WA to promote better waste management practices and behaviours, with a focus on waste avoidance and recovery.

At our school we recycle:

- a range of soft plastics back to supermarkets
- batteries to the Shire
- food scraps to our worm farm and compost bins for the garden
- milk bottle lids to Precious Plastic Margaret River
- mixed recyclables and green waste to the Shire.

"If you care about the environment and how it will affect mankind, then recycling shouldn't take a second thought." *JEFFREY SANDERSON*



Above + below Mr Bevan adds water to the waste food scraps, then Zia chops the scraps before she adds them to the worm farm.



COVID-19 UPDATE

Schools are safe and open for learning

Congratulations to everyone at our school for your vigilance with regard to maintaining social distancing, using good hygiene practices, strengthening cleaning routines and frequency, and staying home if unwell. This has certainly made a contribution to WA's efforts to minimise risk.

When out and about lately, I've sensed a relaxation amongst members of the public in response to the lifting of some restrictions and in particular social distancing. I'd like to reassure you that our staff are committed to enacting all advice from the Department of Education and Health Department to maintain our school as a safe place. The cleaning team of Peta, Nelson, Michelle and Marley continue to be as thorough as ever, and are an integral part of our staff capacity to keep things safe for all. Teachers and children have been unrelenting in consciously enacting the many modifications to old practices to keep us safe. Well done everyone.

In line with the latest Health advice, current Term 2 arrangements have been reviewed by the Department of Education. The following information captures some of these changes that will take effect in our school from Week 7, Monday 8 June, 2020:

To be successful, the implementation of these changes requires you to also adopt these routines. Please read on for more details.

Issue 6

Attendance

All children are expected to attend school, except for those students medically referred to learn from home or children who are unwell (really important as we move into winter). If a child does not attend school without a medical reason, they will be marked as absent and will not be provided with a learning program.

Protocols for all visitors, including drop off and pick up

The protocols for **all visitors** to our school are:

- Maintain social distancing at all times.
- Practice good hygiene.
- Hand sanitise at the entry points. These are located on the verandah on the office or the verandah of Room 1.
- Ensure your name has been recorded at the office or at Room1, and that you have let us know the rooms/areas you are visiting (so that contact tracing can be undertaken if and when this is needed in the future).
- Do not visit if you are unwell.

Continued on page 4.

From previous page

The current arrangements for **drop off and pick up** are working well for staff and children. We hope the use of the current routines will continue to be used so that we can keep our school safe for the staff and the students.

This is important to the staff particularly, as adult to adult contact is the greatest risk regarding Covid-19 for us at school. We would appreciate your ongoing support with this matter. However, should it be deemed necessary, you are now able to enter the school to drop off and pick up your children by adhering to the visitor protocols above.

Please note that "unplanned" entry to the school site is only for the purposes of pick up and drop off at this point. Please adhere to social distancing and good hygiene practices at all times, as this is nonnegotiable when at our school. Access to the school site is based on this premise.

You are reminded to continue to use the established and useful ways to contact teachers and staff as outlined below. Please note that changes to drop off/pick up do not include entering classrooms and chatting with staff incidentally.

Parent and teacher contact

I would like to thank the staff for their success in adapting the ways we keep in contact with families. This has included teachers giving parents access to their personal phone numbers. This reflects a certain level of mutual trust and I thank you all for the level of respect and care shown.



To continue to keep us all safe, you are requested to continue to use the following methods of contact:

- Leave a message at the office-this is handy for last minute messages at drop off and pick up.
- Phone or email your child's teacher directly.
- Phone the school
- Pre-arrange parent/carer meetings, remembering to sign in and adhere to physical distancing of one person per 2 square metres and good hygiene practices.

Assemblies

Student Council Assemblies will commence this term. The next assembly is scheduled for Friday 12 June and Friday 26 June at 9.00am.

Physical distancing, good hygiene practices and recording names of visitors will be required, as outlined in the visitor protocols.

Thanks for your continued commitment to keeping Karridale Primary School safe.

Fiona

READING PROGRAM

Congratulations to the children who have achieved 100 Nights Reading—you're well on your way to 200 Nights and a trophy. See if you can find your name in the big apple below!

In the next few weeks we will see many more children reach the milestone of 100 nights of reading. Please keep up the nightly reading with your children and make sure you sign their diary each time. On Friday's we tally the number of nights read and distribute the rewards their achieve along the way. The reading rewards are:

- **50 nights:** Extra 10 minutes playtime on Friday.
- **75 nights:** Canteen voucher (\$3).
- **100 nights:** Certificate, name in newsletter and a 30 minutes free time voucher.
- 150 nights: Canteen voucher (\$4)
- 200 nights: Name in newsletter and trophy/ medal or book voucher at the end of the year.

Every child who achieves 200 nights goes into the family prize draw at the end of the year. You have to be in it to win it!





HEALTHY FOOD CHOICES

Breakfast

- Eat breakfast every day. Missing meals, especially breakfast, can reduce brain efficiency and concentration.
- Before school, build a breakfast around fruit, low sugar cereals or porridge, wholegrain breads/bagels/English muffins, smoothies, yoghurt and baked beans.
- Enjoy a drink of water or milk to replenish fluids first thing in the morning.

Planning Meals

- Healthy families plan, prepare and eat meals together where possible.
- Plan all meals and the shopping list before you shop. Check you've included lots of fruit and vegetables.
- Once in the shop, be flexible enough to take advantage of specials. Swap to fruit and vegetables in season if they're cheaper.
- Shop regularly so fruit and vegetables are fresh, look good, taste good and keep their nutritional value.
- When shopping, choose brands of frozen or canned fruits and vegetables with 'reduced' or 'no added' salt, fat or sugar.
- Choose wholegrain options wherever possible.

Source: DOE health food and drink choices in schools

APPLY NOW TO ENROL IN Karridale Kindy

Growing great people!

For children aged 4yrs by 30 June 2021

JOIN US! 9758 5517

Apply to enrol for 2021 by 24 July 2020 Karridale Primary School 12612 BUSSELL HWY | KARRIDALE www.karridale.ps.wa.edu.au



Friday 5 June 2020

Issue 6

Karridale Primary School

12612 BUSSELL HIGHWAY | KARRIDALE WA 6288 Ph: 9758 5517 or 9758 5586 PRINCIPAL: FIONA CORMACK E: Fiona.Cormack@education.wa.edu.au

MANAGER: ROBYN DENNIS E: Robyn.Dennis@education.wa.edu.au

Karridale Catch-Up Newsletter NEXT ISSUE OUT: Friday 19 June 2020 DEADLINE: Friday 12 June 2020 EMAIL: Karridale.PS@education.wa.edu.au

Our Vision

We create a safe and friendly learning environment where children thrive and succeed.

www.karridaleps.wa.edu.au

COMMUNITY NOTICES & EVENTS



- Hope to get a "short" season started in the near future.
- No training for at least three weeks.
- No training at Cowaramup or Margaret River.
- Parents register kids on the Sportstg website www.sportstg.com
- No fees or registration costs for this year.

Any trouble registering please email Tanya Burch: augustamagpies@gmail.com.



KARRIDALE CATCH-UP

Page